

**CenturyLink (excludes Qwest Represented)  
2019 - COBRA Rates Per Month**

<b>Medical</b>	<b>Total Monthly Cost</b>			
<b>2019 COBRA Rates</b>	<b>Employee</b>	<b>EE+Spouse</b>	<b>EE+Children</b>	<b>EE+Family</b>
Premium CDHP	\$716.71	\$1,505.08	\$1,290.07	\$2,078.45
Standard CDHP	\$653.25	\$1,371.82	\$1,175.85	\$1,894.42
Savings HDHP	\$608.51	\$1,277.86	\$1,095.31	\$1,764.67
<b>Dental</b>	<b>Total Monthly Cost</b>			
<b>2019 COBRA Rates</b>	<b>Employee</b>	<b>EE+Spouse</b>	<b>EE+ Children</b>	<b>EE+Family</b>
Basic Dental	\$27.49	\$63.25	\$68.73	\$104.49
Enhanced Dental	\$34.32	\$78.92	\$85.79	\$130.39
<b>Vision</b>	<b>Total Monthly Cost</b>			
<b>2019 COBRA Rates</b>	<b>Employee</b>	<b>EE+Spouse</b>	<b>EE+Children</b>	<b>EE+Family</b>
Vision	\$7.43	\$15.60	\$13.37	\$21.55

