

Your Pharmacy Benefit and OptumRx Mail Service Pharmacy

Beginning January 1, 2014, your pharmacy benefit plan will include a program that limits the number of times you can get your maintenance medications from a retail pharmacy. After 2 fills at retail, you will need to refill your maintenance medication prescriptions with OptumRx Mail Service Pharmacy or you will pay the full cost of the medication.

This applies to maintenance medications with the exception of specialty, compounds and controlled substances. Below are some of the targeted classes of medications:



Through OptumRx[®] Mail Service Pharmacy, you receive convenient, safe and reliable service, including:

- Delivery of up to a 3-month supply of your medication right to your mailbox
- Flexible delivery anywhere in the U.S. with no charge to you for standard shipping
- Educational information about your prescriptions with each shipment
- Access to pharmacists 24 hours a day, seven days a week to answer your medication questions

Asthma

Accolate
Advair Diskus
Advair HFA
Alvesco
Arcapta Neohaler
Asmanex
Atrovent HFA
Breo Ellipta Inh
Brovana
budesonide
Combivent
Daliresp
Dulera
Flovent Diskus
Flovent HFA
Foradil
ipratropium bromide
ipratropium-albuterol
Lufyllin
montelukast
Perforomist
Pulmicort
Pulmicort Flexhaler
Qvar
Serevent Diskus
Spiriva
Symbicort
Theo-24
Theochron
theophylline anhydrous
Tudorza Pressair
Uniphyll
Zyflo
Zyflo CR

Hormone Replacement

Activella
Androderm
Androx
Angeliq
Cenestin
Climara Pro
Combipatch
Covaryx
Covaryx H.S.
Delestrogen
Depo-Estradiol
Divigel
Elestrin
Enjuvia
Estrace
estradiol
estradiol valerate
Estrasorb
Estring
Estrogel
estropipate
Evamist
Femhrt
Femring
First-Testosterone
Jinteli
Menest
Menostar
Methitest
Mimvey
Ogen
Prefest
Premarin
Premphase
Prempro
Prometrium
Striant
Testred
Vagifem
Vivelle-Dot

Potassium Replacement

Effer-K
K-Phos Neutral
K-Phos Original
K-Tab
Klor-Con
Klor-Con 8
Klor-Con M15
Klor-Con-EF
Medi-Lyte
potassium acetate
potassium chloride
potassium chloride-NAC
potassium gluconate

Breast Cancer Prevention

anastrozole
aromasin
fareston
letrozole
tamoxifen citrate

Inflammatory Bowel Disease

5-aminosalicylic acid
Amitiza
Apriso
Azulfidine
balsalazide disodium
Canasa
Dipentum
Giazo
Lialda
Linzess
Lotronex
mesalamine
Rowasa
sulfasalazine



Seizures

Banzel
carbamazepine
Celontin
clonazepam
Depacon
Depakene
Depakote
Depakote Er
Depakote Sprinkle
Dilantin
Dilantin-125
Felbatol
fosphenytoin sodium
gabapentin
Gabitril
Klonopin
Lamictal chw
Lamictal
Lamictal ODT
Lamictal XR
lamotrigine
levetiracetam
Luminal Sodium
Lyrica
oxcarbazepine
Oxtellar Xr
Peganone
phenobarbital
phenobarbital sodium
phenobarbital tab
Phenytek
phenytoin sodium
Potiga
primidone
Sabril
Stavzor
Tegretol
Tegretol Xr
Therapentin-90
topiramate
Trokendi Xr
Vimpat
Zarontin
zonisamide

Contraceptives

amethyst
aranelle
camrese
camrese lo
cryselle
cyclessa
Desogen
Ella
enpresse
errin
estrostep FE

gianvi
jolessa
junel
junel FE
kariva
kelnor 1-35
lessina
levonorgestrel
Levonorgestrel-Eth
Lo Loestrin FE
Minastrin 24 FE
natazia
necon
norethindrone acetate
nortrel
Nuvaring
ocella
ogestrel
Ortho Evra
Ortho Tri-Cyclen Lo
Ovcon-35
Plan B One-Step
Prometrium
Provera
quartette
sprintec
tri-sprintec
zeosa
zovia 1-50E

Neuropathy

gabapentin

Thyroid Hormone Replacement

Armour Thyroid
Iodopen
Iosat
levothyroxine sodium
Lugol's
methimazole
Nature-Throid
potassium iodide
propylthiouracil
SSKI
strong iodine
Synthroid
Thyroid
Thyrosafe
Thyroshield
Tirosint

COPD

Arcapta Neohaler
Atrovent HFA
Brovana
Combivent
Daliresp

Foradil
ipratropium bromide
ipratropium-albuterol
Lufyllin
Perforomist
Serevent Diskus
Spiriva
Theo-24
Theochron
theophylline anhydrous
Tudorza Pressair
Uniphyl

Osteoporosis

Actonel
alendronate sodium
Boniva
Calcitriol
etidronate disodium
Evista
Fosamax
Fosamax Plus D
Ganite
pamidronate
Prolia
Reclast
Skelid
Xgeva
zoledronic acid
Zometa

Ulcers, Heartburn And Reflux

Aciphex
cimetidine
Cytotec
Dexilant
famotidine
Gabidine
nizatidine
omeprazole
pantoprazole sodium
ranitidine
sucrafate

Glaucoma

acetazolamide
Alphagan P
Azopt
Betagan
betaxolol HCL
Betimol
Betoptic S
brimonidine tartrate
carteolol HCL
Combigan
Cosopt
Cosopt Pf

lopidine
isopto carbachol
isopto carpine
Istalol
levobunolol HCL
Lumigan
methazolamide
metipranolol
Miostat
phospholine iodide
Pilopine Hs
Simbrinza
timolol maleate
Timoptic Ocudose
Timoptic-Xe
Travatan Z
travoprost
Trusopt
Xalatan
Zioptan

Overactive Bladder

Ditropan XL
flavoxate
Fosrenol
oxybutynin
Toviaz

Gout

allopurinol
Colcrys
Uloric
probenecid
probenecid-colchicine

Parkinsons Disease

amantadine
Azilect
benztropine mesylate
carbidopa-levodopa
Comtan
Eldepryl
Lodosyn
Neupro
Parlodel
pramipexole dihydrochl
Requip
ropinirole
selegiline HCL
Sinemet
Sinemet CR
Stalevo
Tasmar
trihexyphenidyl HCL
Zelapar

Enzyme Replacement

Creon
Pancreaze
Zenpep

Alzheimers/ Dementia

donepezil HCL
Exelon
galantamine
Namenda
Namenda XR

Miscellaneous Drugs

Alcohol Wipes
calcium acetate
Carbimazole
Enlon
Enlon-Plus
IV Prep Wipes
Lidocaine HCL
Mestinon
Neostigmine
phoslyra
physostigmine
Regonol

As of January 1, 2014, you may refer to myuhc.com[®] for more detailed information on specific medications which apply to the mail service program. You may also contact the Member Services phone number on the back of your health plan ID card.

Getting Started

Option 1 Call the member phone number listed on the back of your health plan ID card.

Member Services is available 24 hours a day, seven days a week to help you start using mail service. Please have your medication name and doctor's telephone number ready when you call.

Option 2 Talk to your doctor before your prescriptions must be switched to OptumRx.

Tell your doctor you want to use OptumRx for home delivery of your maintenance medications. Be sure to ask for a new prescription written for up to a 3-month supply with three refills to maximize your plan benefits. Then you can either:

- ▶ Mail in your written prescriptions along with a completed order form.
- ▶ Ask your doctor to call 1-800-791-7658 with your prescriptions or to fax them to 1-800-491-7997.

Option 3 Log on to myuhc.com

You can get started by

- ▶ Clicking on "Manage My Prescriptions" and selecting "Transfer Prescriptions"
- ▶ Select the medications you would like to transfer
- ▶ Print out the pre-populated form and bring this to your doctor
- ▶ Ask your doctor to call or fax in the prescriptions with the order form



Remember, you should not wait until January 2014. You can get started with OptumRx Mail Service today.

Once OptumRx receives your complete order for a new prescription, your medications should arrive within ten business days - completed refill orders should arrive in about seven business days. If you need your medication right away, ask your doctor for a 1-month supply that can be immediately filled at a participating retail pharmacy. You can avoid this step by allowing sufficient time for your prescriptions to be moved to OptumRx.

Frequently Asked Questions

1. Can the OptumRx Mail Service Pharmacy help me save money compared to a retail pharmacy?

Depending on your benefit plan, you could save money by ordering a 3-month supply of medication for just one mail service copayment or coinsurance. Most maintenance medications should be the same or a better price at mail than retail. It is important to remember that prices vary at all retail pharmacies and are subject to change at any time.

2. Which plans does this apply to?

All 3 benefit options (CDHP, HDHP and PPO plans) will require you to use OptumRx Mail Service for your maintenance medications after 2 retail fills starting January 1, 2014.

3. How will this apply to my deductible or out of pocket maximum?

If you have a deductible or out of pocket maximum all covered claims will apply. If you choose to continue to fill your maintenance medications at retail beyond the initial 2

grace fills, you are responsible for the full cost and will not apply to your deductible or out of pocket.

4. Will I be able to use my FSA or HRA dollars?

You may use your FSA account to pay for retail claims paid out of your pocket just as you do today. HRA dollars are not applicable to claims not covered through the plan today and this will not change for 2014.

5. Can I get a 3-month supply at retail? I currently pay a lower cost for a 3-month supply at my retail pharmacy than I can get at mail service.

The plan covers up to a 1-month supply at retail pharmacies. If you are obtaining a 3-month supply at retail today, it is not being covered under the plan.

Those claims do not apply to deductible, out of pocket, or HRA today.

6. Can I get less than a 3-month supply at mail?

You can submit a prescription to be filled for less than a 3-month supply at mail. However, you should be aware that your cost share at mail is a flat copay and this cannot be prorated. You will be charged the full mail copay regardless of day supply. In the CDHP plan, you pay a percentage cost share, so you will pay the applicable percentage of cost that is applicable to the medication and day supply (once your deductible is met).

7. Can the OptumRx Mail Service Pharmacy ship medications that need refrigeration?

Yes. Perishable medications are shipped expedited at no charge in temperature-controlled packages when appropriate. Shipments sent with temperature controlled packaging have stability up to 48 hours.

8. How are medications sent through the mail?

All medications are sealed helping to protect your safety and privacy and according to US Food and Drug Administration (FDA) and manufacturer requirements. There is no charge to you for standard delivery. If you need rush delivery, your order can be shipped overnight for an additional charge.

9. Where can I access a mail service form?

Go to the “Manage my Prescriptions” section of myuhc.com and then “Customer Service,” “Most Used Forms.” There you will find a Mail Service Prescription order form. You can also find one in the “Information Section” of the home page of myuhc.com.

10. Once I am set up with mail service pharmacy, how do I manage refills?

You can choose from four different ways to order refills, so you can always use the one that works best for you.

- ▶ Online ordering at myuhc.com
- ▶ Our automated phone system
- ▶ Complete the reorder form included with each medication shipment and send it to OptumRx for processing
- ▶ By calling Member Services at the member phone number listed on the back of your health plan ID card

11. What will happen to my prescription at retail?

Remember, to get started, you will need to get a new prescription for a 3-month supply and have it sent to OptumRx Mail Service. The prescription written for a 1-month supply at your local retail pharmacy will remain. We do not contact the pharmacy or have that prescription cancelled.

12. What if OptumRx mail service does not have my medication in stock?

If OptumRx Mail Service does not have one of the required maintenance medications in stock, an exception can be made to allow the prescription refill at retail. OptumRx will contact you if your medication is out of stock. If you cannot be reached, you will get a message from OptumRx asking you to contact them. You may need to contact member services to request this if you know your medication is out of stock, you cannot take one of the alternatives and you cannot wait. You may also need to contact Member Services to perform a prescription transfer to retail, or to obtain a temporary prescription for a short term supply from your doctor to be sent to the retail pharmacy.

13. I currently receive a discount at my retail pharmacy with a brand manufacturer coupon. Will I be able to receive the same discount using my coupon at mail?

The OptumRx Mail Service Pharmacy does not accept manufacturer coupons, but does work with various patient and copay assistance programs for persons who qualify.

14. What if I have a dosage change? Will I be allowed additional grace fills in that case?

Yes. If your dosage changes for your medication, you will be allowed additional grace fills. You are allowed 2 grace fills per medication and dose. For example, if you are taking 20 mg dose and after 1 fill, your doctor switches you to a 40 mg dose you will still be eligible for 2 grace fills for that dose.

15. How will I have to pay for my mail orders?

Mail orders can be paid by check or credit card. If you do not have a credit card on file, OptumRx will contact you for payment prior to shipping your order. Mail orders under \$100 per person can be shipped without payment. Any balance at \$100 dollars or more will require payment in advance of any further mail order shipments.

16. What if my mail service shipment is stolen?

If your mail service shipment is stolen or lost, please contact Member Services. OptumRx Mail Service representatives will work with you on a replacement order.

